



# OSLO

The Vikings are not expecting a return visit from the Irish – cause a surprise and pay them one! Oslo comes from As, the Norse word for God and lo meaning field and is the oldest of the Scandinavian capital cities. Its vast boundaries take in huge areas of woods, sand and water and you're as likely to spend your time swimming or trail-walking as strolling round the city centre. The arty types can view the Scream portrait in the Edvard Munch Museum and night-owls can enjoy the vibrant bar scene in down town Oslo as pubs are open until 3am or after. Norway offers tax-free shopping on some purchases and you can also avail of genuine duty-free prices as it is not part of the EU.

## RADISSON SAS PLAZA ★★ ★★

### Sonja Henies Plaza 3, N-0134 Oslo

Situated in the centre of the city beside the railway station, this 37-floor hotel offers breath-taking views over Oslo. Combining high levels of luxury with traditional Scandinavian hospitality, the hotel also features a swimming pool located on the 34th floor. Also, Gaio's Mediterranean Restaurant on the 2nd floor offers delicious food from Southern Europe and North Africa.



## ADDED VALUE

FREE – use this handy 96 page booklet for tourist and general information during your stay. Contents include excursions & sightseeing tours, car rental, monuments and historic buildings, festivals and customs, places of interest, museums and art exhibitions, shopping, restaurants and nightlife – overall, packed with ideas to enhance your visit to Oslo.



Also, very handy pocket map of the city, with important buildings & sights, railway and metro stations and parks highlighted

The above-mentioned offers are supplied to clients on a request basis purchasing a full package tour booked and paid for at least 14 days prior to travel. City guide & map: one per couple. Full conditions on page 30.

## WE HAVE LOTS MORE OSLO HOTELS

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# HELSINKI



## ADDED VALUE

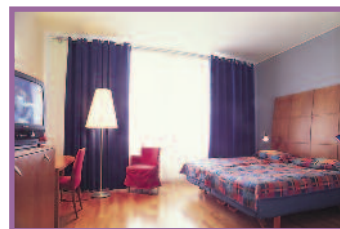
Receive a fabulous 72 page guidebook of Helsinki compliments of Arrow Tours giving a comprehensive description of the city and all the interesting places to visit. Worth €10, this booklet has detailed maps, lively descriptions, a user-friendly design and full colour photographs - be your own expert for the duration of your stay!

Also, very handy pocket map of the city, with full street index, important buildings, railway and metro stations and parks highlighted. This map is also cross-referenced to the free guide book above.

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## OUT & ABOUT

The Senate Square & The Tuomiokirkko ... City Museum ... National Museum ... Stockmann Department Store ... Olympic Stadium Tower ... Museum of Art & Design



## SOKOS HOTEL HELSINKI ★★ ★

### Kluuvikatu 8, Helsinki 00100

The Sokos Helsinki is located in the heart of downtown Helsinki, very close to the main railway station between the Ateneum Museum and Senate's Square. The rooms are bright and modern in design, with Scandinavian wooden flooring. If you grow tired of one of their saunas you can always try the other one, and there are not two, but three restaurants to choose from.



## RADISSON SAS ROYAL ★★ ★★ ★

### Runeberginkatu 2, Helsinki 00100

The hotel is ideally located in the city centre near the major shopping and business areas with a metro station close by. Rooms are available in a variety of decors while facilities include a gym, sauna and beauty salon. The hotel has a terrace to make the most of sunny days while the John Ludwig Grill is known for its steaks.



On the south coast of Finland, Helsinki has charm and variety of a city built on headlands and islands, where almost every road ends in a view of the sea. It is quite compact with many shops, restaurants, entertainment and artistic venues. There is a big colourful market on the South Harbour quay. History abounds in Senate Square with the Cathedral, the University and the Council of State. Flights to Helsinki operate on a regular basis with SAS (via Copenhagen).

# TALLINN

Tallinn capital of Estonia, which derives from the Danish words taani linnus meaning Danish Fort, has existed for a thousand years but having been occupied at various times by Denmark, Sweden, Germany and Russia has managed to self-govern for not much more than thirty out of the past eight hundred. The showpiece Old Town is a gem of Europe and many neighbouring Scandinavians spend their weekends here partying in the cobbled squares and quaint old side streets. This city is tipped to grow in popularity to the levels Prague has reached here in recent years, so visit now while it's still relatively undiscovered in Irish markets!



The Old Town  
Toomas Volmer



Market Day  
Toomas Volmer

## OUT & ABOUT

Old Town.... Tallinn television tower.... Town Hall Square.... Toompea.... Museum of Occupation.... Three Sisters house.... Sea museum.... Open Air museum



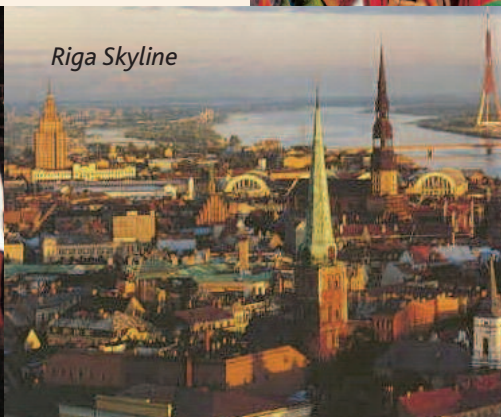
To view hotels, prices and make a booking click [www.arrowtours.ie](http://www.arrowtours.ie) and select TALLINN as your destination city.

Visit [www.arrowtours.ie](http://www.arrowtours.ie) for latest offers



A night out on the tiles

## Riga Skyline



## OUT & ABOUT

Old Town.... Riga cathedral...Riga Museum of History & Navigation.... Castle...Swedish Gate....Latvian War Museum.... St. Peter's Church.... Museum of Applied Arts.... Occupation Museum of Latvia....Fine Art Museum

# RIGA

Riga is capital of Latvia, one of many former Soviet states to emerge from communist control to independence and EU membership in a very short time. The city dates back to 1201 and with its own well preserved Old Town has a wealth of medieval heritage, winding streets, old architecture, charm and culture to offer you – as well as being a UNESCO World Heritage Site. Immerse yourself in the Baltic way of life, treat yourself to the local Aldaris beer or Balzams spirit, benefit from the low cost local goods and enjoy the feel of this still relatively undiscovered destination.



To view hotels, prices and make a booking click [www.arrowtours.ie](http://www.arrowtours.ie) and select RIGA as your destination city.